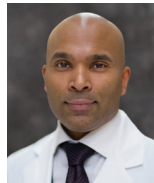


## New Specialists from The Mount Sinai Hospital Seeing Patients in Oceanside

Patients treated at Mount Sinai Heart at Mount Sinai South Nassau have access to a comprehensive network of board certified cardiologists and cardiac surgeons using the latest advancements in medical technologies to treat a wide range of cardiovascular conditions, from coronary artery disease to hypertension management and prevention; in most cases right in their own community, without having to travel to the city.



### Robin Varghese, MD

Associate Professor of the Department of Cardiovascular Surgery at the Icahn School of Medicine at Mount Sinai and Director of Cardiovascular Critical Care at Mount Sinai

Dr. Varghese earned his medical degree and completed a residency in cardiac surgery at the

University of Western Ontario in Ontario, Canada, where he served as chief resident. After he graduated from Stanford University with a Master of Science in clinical epidemiology, he completed a fellowship in critical care, at the University of Western Ontario. Following his fellowship training in cardiac surgery at The Mount Sinai Hospital, Dr. Varghese joined the staff at the Icahn School of Medicine in 2010 as an assistant professor of surgery. He specializes in several cardiac procedures, including multi-arterial coronary bypass surgery; mitral and tricuspid valve repair; aneurysm repair; and aortic root surgery.



### Noah Moss, MD

Heart Failure Specialist

Dr. Moss is board certified in Cardiovascular Disease, Advanced Heart Failure and Transplant Cardiology and Internal Medicine. He obtained his medical degree from Albert Einstein College of Medicine in the Bronx, New York. Dr. Moss completed residency training in Internal

Medicine at Montefiore Medical Center/ Albert Einstein College of Medicine in the Bronx, New York and Cardiology at The Mount Sinai Hospital in New York, New York. He completed his fellowship in Heart Failure at The Mount Sinai Hospital. At the conclusion of his training, Dr. Moss remained at Mount Sinai to join the advanced heart failure group and is an Assistant Professor of Medicine at the Icahn School of Medicine. He is also Medical Director of the Mechanical Circulatory Support Center at The Mount Sinai Hospital.



### William Whang, MD

Electrophysiologist

Dr. Whang is a clinical cardiac electrophysiologist who specializes in catheter ablation procedures, and in implantation of pacemakers/defibrillators and left atrial appendage closure devices. He graduated from Harvard College and obtained medical and public health degrees

at Columbia University. He trained in internal medicine at Columbia University Medical Center, then completed cardiology and cardiac electrophysiology fellowships at Massachusetts General Hospital. From 2006-2016 he was a member of the faculty at Columbia University Medical Center. He has practiced at The Mount Sinai Hospital since 2016. He pursues clinical research in catheter ablation approaches and new device technologies. He was named in New York Magazine's Top Doctors in 2016 and 2018.



### Ali Zaidi, MD

Adult Congenital Heart Disease Specialist

Dr. Zaidi is an Adult Congenital Heart Disease Specialist who received his medical degree from the Aga Khan University in Karachi, Pakistan. He completed combined fellowships in both Pediatric Cardiology and Adult Cardiovascular Disease at the

Nationwide Children's Hospital and The Ohio State University Medical Center. During these five years he completed specialized training in Adult Congenital Heart Disease (ACHD).

## Awards & Accreditations

Ranked 6<sup>th</sup> nationally for Cardiology & Heart Surgery by *U.S. News & World Report*, Mount Sinai Heart at The Mount Sinai Hospital, is celebrated internationally as a world leader in all facets of cardiology care, cardiac surgery, and advanced research.

Mount Sinai Heart at Mount Sinai South Nassau is accredited by the Intersocietal Commission for Accreditation of Echocardiography Laboratories; is designated an Aetna Institute of Quality for interventional cardiology and rhythm disease diagnosis and treatment; and is a recipient of The Joint Commission's Gold Seal of Approval<sup>®</sup> for disease-specific care for its heart failure program, the American College of Cardiology Foundation's National Cardiology Data Registry ACTION Registry, and the American Heart Association/American Stroke Association's—Get With the Guidelines Gold Plus Quality Achievement Award as well as its Target: Heart Failure Honor Roll.

To make an appointment, please call:

**516-632-3672**

[mountsinai.org/southnassau](https://mountsinai.org/southnassau)



# Mount Sinai Heart at Mount Sinai South Nassau World-Class Cardiac Care on Long Island's South Shore

The Mount Sinai South Nassau Division of Cardiology is part of the world-renowned Mount Sinai Heart program of The Mount Sinai Hospital, the first and only Mount Sinai Heart location on Long Island.

A roster of Mount Sinai cardiovascular specialists with top expertise in a range of services from interventional cardiology to heart failure to electrophysiology is now available in addition to Mount Sinai South Nassau's

own highly experienced team of non-invasive and interventional cardiologists.

Patients requiring surgical treatment have immediate access to nationally recognized cardiology surgeons at The Mount Sinai Hospital, after which they may return to receive seamless follow-up and rehabilitative care at Mount Sinai South Nassau. ■



## Technologies and Procedures Now Available at Mount Sinai South Nassau

- Rotational atherectomy is a revolving diamond instrument used at the end of a razor-thin flexible guiding catheter to effectively break up complex calcified plaque in a clogged coronary artery, restoring blood flow.
- The Impella® is the world's smallest heart pump, a temporary, assistive heart pump for patients with weakened hearts resulting from a heart attack, allowing the heart to recover.
- Requiring no radiation or surgery, cardiac MRI is 3D imaging technology that pinpoints exactly where the heart is not pumping well and helps to diagnose the cause. It can also visualize and measure blood flow in the heart, aorta, and other large vessels.
- CardioMems uses a small receiver placed in the pulmonary artery for patients with heart failure. It determines pressures and transmits data back to the cardiologist.



**Aaron E. Glatt, MD, FACP, FIDSA, FSHEA**  
Department Chair of Medicine  
Chief, Infectious Diseases and Hospital Epidemiologist

Dr. Glatt is the Chair of the Department of Medicine at Mount Sinai South Nassau and oversees the Division of Cardiology. He also serves as the Chief of Infectious Diseases and is the Hospital's Epidemiologist, and is in

charge of our Infectious Diseases Society of America Designated Center of Excellence in Antimicrobial Stewardship. Considered an expert in infectious diseases, and a Spokesperson for the Infectious Diseases Society of America, Dr. Glatt has authored numerous books and journal articles that have appeared in the *New England Journal of Medicine*, *Clinical Infectious Diseases*, the *Journal of the American Medical Association*, and other major publications.



**Raul Mendoza, MD, FACC, FACP, FCCP**  
Associate Chair of Medicine

An accomplished invasive cardiologist, Dr. Mendoza joined South Nassau in 1990 and is board certified in internal medicine and cardiology. He received his B.S. degree from LaSalle University in Mexico City and obtained his medical degree from National Autonomous University of Mexico.

Dr. Mendoza completed both his residency and cardiology fellowship at the SUNY Health Science Center at Kings County Hospital in Brooklyn, NY. He is also an adjunct clinical assistant professor of medicine at New York College of Osteopathic Medicine and a clinical assistant professor of medicine at the SUNY Health Science Center in Brooklyn, NY. Dr. Mendoza is a Fellow of the American College of Cardiology, the American College of Physicians and the American College of Chest Physicians.



**Lawrence Kanner, MD, FACC, FHRS**  
Chief, Cardiology; Director,  
Electrophysiology/Arrhythmia Services

Dr. Kanner, chief of Cardiology, oversees and directs electrophysiology operations in Mount Sinai South Nassau's state-of-the-art EP lab. He treats patients with a variety of cardiac rhythm disorders and congestive heart failure with

medications, pacemakers, defibrillators, and the latest in advanced cardiac ablation techniques. He earned his bachelor's degree from Harvard University and MD from the School of Medicine and Biomedical Sciences at SUNY Buffalo. He completed his medical residency and specialty training in cardiovascular disease at North Shore, Manhasset, and fellowship training in clinical cardiac electrophysiology at the renowned Lahey Hospital and Medical Center in Massachusetts.



**Carlos H. Montoya-Iraheta, MD**  
Chief, Pediatric Cardiology

Dr. Montoya-Iraheta is board certified in pediatric cardiology. He earned his medical degree from University of San Carlos in Guatemala. Dr. Montoya-Iraheta was a resident at SUNY Downstate Medical Center in Brooklyn, NY. He completed his fellowship in pediatric cardiology at

the College of Physicians and Surgeons of Columbia University in New York, NY. He is a founding member of both Heart Care International and RIGME, Inc., a non-profit organization made up of pediatricians dedicated to medical education and promoting health for impoverished children.



**Jason Freeman, MD, FACC, FSCAI**  
Director, Interventional Cardiology;  
Director, Cardiac Catheterization Laboratories

A specialist in both coronary and peripheral interventional procedures, Dr. Freeman has been active in research on stenting in acute myocardial infarction as well as peripheral arterial interventions. A graduate of New York Medical

College, Dr. Freeman has served as an assistant professor of medicine at Hofstra University. Dr. Freeman was also the program director of the Interventional Cardiology Fellowship Program at NSUH-Manhasset. He served on the board of the American Heart Association – Long Island Region, and is a clinical council member of the American Heart Association. He is a Fellow of the American College of Cardiology as well as the Society for Cardiovascular Angiography and Interventions.



**Sherry Megalla, MD, FACC**  
Clinical and Non-Invasive Cardiologist

Dr. Megalla is a non-invasive cardiologist who is board certified in cardiology, nuclear cardiology, echocardiography and vascular ultrasound. Dr. Megalla earned a medical degree from the Mount Sinai School of Medicine and completed a residency in internal medicine at Montefiore

Medical Center/Albert Einstein College of Medicine. She was fellowship-trained in cardiology at Bronx-Lebanon Hospital/Montefiore Medical Center.



**Pilar Stevens-Haynes, MD, FACC**  
Clinical and Non-Invasive Cardiologist

Dr. Stevens-Haynes is board certified in cardiology, internal medicine, nuclear cardiology and echocardiography. She graduated with a bachelor's degree in biology from the State University of New York at Geneseo and obtained a medical degree from The Mount Sinai School of Medicine,

where she also completed a residency in internal medicine and a fellowship in cardiology. Her focus has been on non-invasive imaging and inpatient cardiology management.



**Athan Smyrlis, MD, FACC**  
Interventional and Clinical Cardiologist

Dr. Smyrlis is board certified in cardiology, echocardiography, nuclear cardiology and internal medicine and specializes in invasive cardiology. He was fellowship-trained in interventional cardiology at

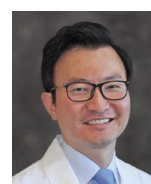
Winthrop University Hospital (SUNY, Stony Brook, NY) and completed cardiovascular disease training at the Western CT Health Network (Yale School of Medicine). He earned his medical degree from the University of Ioannina Medical School, Greece, where he ranked in the top one percent of his class, and completed an internal medicine residency at the Albert Einstein Medical Center, Philadelphia, PA.



**Michael Sood, MD, MS, FACC**  
Clinical and Non-Invasive Cardiologist

Board certified in internal medicine, echocardiography and nuclear cardiology and board eligible in cardiovascular disease, Dr. Sood earned his medical degree from Saba University School of Medicine, Saba, Netherlands Antilles. In addition, he earned an M.A. degree in hyperbaric

medicine. He completed his residency in internal medicine at New York Methodist Hospital, Park Slope, Brooklyn, and was fellowship-trained in cardiovascular disease at New York Methodist Hospital, Brooklyn, where he also served as Chief Fellow.



**Won Jun Park, MD, FACC, RPVI**  
Clinical Cardiologist

Dr. Park is board certified in Cardiovascular Disease, Internal Medicine, Adult Echocardiography, Nuclear Cardiology, and Vascular Interpretation. He obtained his medical degree from Hallym University College of Medicine in South Korea with high honors. Dr. Park

completed residency training in Internal Medicine at The Brooklyn Hospital Center, Brooklyn, New York, an affiliate of the Icahn School of Medicine at Mount Sinai. He completed a fellowship in congestive heart failure at Mount Sinai Beth Israel in New York, New York and a cardiovascular disease fellowship at Mount Sinai-Brooklyn Hospital Center in Brooklyn, New York where he served as Chief Fellow.



**Joseph Eichenbaum, MD, FACC**  
Clinical Cardiologist

Dr. Eichenbaum is board certified in cardiology. He holds a B.A. degree from Yeshiva University in New York, NY and obtained his medical degree from Cornell University Medical College, New York, NY. Dr. Eichenbaum completed his internship, residency and fellowship in cardiology at

Long Island Jewish-Hillside Medical Center. He is also board certified in internal medicine, is a fellow in the American College of Cardiology and a member of the American Medical Association.



**Jason Esses, MD, FACC**  
Clinical Cardiologist and Clinical Lipidologist

Dr. Esses is board certified in Cardiovascular Disease, Echocardiography, Nuclear Cardiology and Internal Medicine. He is also a board certified Clinical Lipidologist, which encompasses cholesterol management, cardiovascular risk assessment and intervention. He

obtained his medical degree from Albert Einstein College of Medicine in New York, NY. Dr. Esses completed his residency training in Internal Medicine at Beth Israel Medical Center in New York, NY and his fellowship at Maimonides Medical Center in Brooklyn, NY.



**David Tarkoff, MD, FACC, FACP**  
Clinical Cardiologist

Dr. Tarkoff, who is board certified in internal medicine and cardiovascular disease, has been serving the local community for more than 30 years. He obtained his medical degree from Hahnemann Medical University in PA, an affiliate of Drexel University College of Medicine. He

completed an internship and residency at SUNY Stony Brook University Hospital and a cardiology fellowship at New York University Medical Center. He is a Fellow of the American College of Cardiology, the American College of Physicians and the New York Cardiological Society. He is a member of the Nassau County Heart Association, New York Heart Association and the American Heart Association.



**David L. Weinstock, MD, FACC**  
Clinical Cardiologist

Dr. Weinstock is a board certified clinical cardiologist. He received his B.A. degree from Yeshiva University and obtained his medical degree from SUNY Upstate Medical Center in Syracuse, NY. Dr. Weinstock completed both his residency and cardiology fellowship at Nassau County

Medical Center. He is also a Fellow of the American College of Cardiology.